



National Alliance on Mental Illness

# NAMI Northern Virginia

## THE IRIS PROJECT



*The story behind the iris: Vincent van Gogh painted his famous, “Les Irises” in the garden while hospitalized at St. Remy in the south of France in May, 1989. The iris has been adopted as a symbol of hope for individuals affected by mental illness.*

NAMI Northern Virginia’s programs offer education, support, advocacy—and HOPE!  
[www.NAMI-NorthernVirginia.org](http://www.NAMI-NorthernVirginia.org)

You can bring help and hope to those living with mental illness by volunteering for the Iris Project. The funds raised will go directly to NAMI Northern Virginia’s education and support programs. If you are interested in working with other volunteers to offer irises for a small suggested donation, while providing brochures about mental health, email this form to: [info@nami-nova.org](mailto:info@nami-nova.org), or mail to: **NAMI Northern Virginia, P.O. Box 8693, Reston, VA 20195**

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Name: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Email Address: \_\_\_\_\_

Name or Description of Group (if applicable): \_\_\_\_\_

Estimated Number of Participants (if known): \_\_\_\_\_

Other information or questions: \_\_\_\_\_